



Game Hens



Total time: 3 min
Prep time: 4 min
Cook time: 3 min
Yield: 6 servings
Level: Normal

Ingredients

2 game hens
½ cup Aunty Liliko'i Passion Fruit Jelly
2 Tbsp Aunty Liliko'i Passion Fruit Mustard
2 clove garlic

Instructions

Split the game hens in half. Mix the jelly, mustard and garlic together. Put this mixture and game hens into a ziplock bag, making sure hens are well coated. Marinate for at least four hours.

Place game hens on a baking sheet and bake for 45 minutes at 350 degrees.